

LUNCH MENU FOR July 2016



Regular Menu Option

Vegetarian Menu Option

Fresh Fruit will consist of:

- Melons
- Apples
- Bananas
- Watermelon
- Oranges

Every day children may choose between **Milk** or **Water**.

Sandwiches may be substituted any day

- Bologna & Cheese
- Ham & Cheese
- Tuna
- Turkey
- Cheese

*All substitutes come with side dishes and fruit or dessert.

*Please choose one by entering the letter in the box for each day :

M for Milk
W for Water

* To select the regular menu item, please circle that day.

* To select a substitute, cross out the regular menu item and write in your selection.

* Please remember to specify water or milk.

* Only water will be served on Fridays.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 <input type="checkbox"/> Closed Happy 4th of July	5 <input type="checkbox"/> Chicken Patty on a Bun, Tater Tots, Veggie, Fresh Fruit Veggie Patty on a Bun, Tater Tots, Veggie, Fresh Fruit	6 <input type="checkbox"/> Meatballs w/Gravy, Mashed Potatoes, Veggie, Dessert Grilled Cheese, Veggie, Dessert	7 <input type="checkbox"/> Turkey & Cheese Sandwich, Applesauce, Veggie Straws, Dessert Cheese Sandwich, Applesauce, Veggie Straws, Dessert	8 <input type="checkbox"/> Pizza, Fresh Fruit
11 <input type="checkbox"/> Macaroni and Cheese, Roll, Veggie, Fresh Fruit	12 <input type="checkbox"/> Yellow Rice with Chicken, Roll, Veggie, Dessert Black Beans and, Rice, Veggie, Dessert	13 <input type="checkbox"/> Cheese Tortellini w/ Marinara Sauce, Roll, Veggie, Fresh Fruit	14 <input type="checkbox"/> Chicken Nuggets w/ Noodles, Veggie, Dessert Veggie Nuggets w/ Noodles, Veggie, Dessert	15 <input type="checkbox"/> Pizza, Fresh Fruit
18 <input type="checkbox"/> Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit Tofu Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	19 <input type="checkbox"/> Beef Tacos w/ Veggie, Dessert Veggie Taco, Dessert	20 <input type="checkbox"/> Meat Lasagna, Roll, Veggie, Fresh Fruit Vegetable Lasagna, Roll, Veggie, Fresh Fruit	21 <input type="checkbox"/> Fish Sticks, Rice, Veggie, Dessert Black Beans & Rice, Veggie, Dessert	22 <input type="checkbox"/> Pizza, Fresh Fruit
25 <input type="checkbox"/> Beef Hamburger on a Bun, French Fries, Veggie, Fresh Fruit Boca Burger on a Bun, French Fries, Veggie, Fresh Fruit	26 <input type="checkbox"/> Cheese Ravioli w/ Sauce, Roll, Veggie, Dessert	27 <input type="checkbox"/> Grilled Cheese, Tater Tots, Veggie, Fresh Fruit	28 <input type="checkbox"/> Chicken Parmigian w/ Sauce, Spaghetti, Veggie, Dessert Eggplant Parmigian w/Sauce, Spaghetti, Veggie, Dessert	29 <input type="checkbox"/> Pizza, Fresh Fruit

HOT LUNCH SUBSTITUTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheese Pizza Pocket	Chicken Tender	Grilled Cheese	Chicken Nuggets	Any Sandwich
	Bean & Rice Burrito		Vegetable Egg Roll	

Cost is \$4.25 each meal (\$3.25 for Snails, Ladybugs & Caterpillars)

Office Use :

of Meals: _____ Amount Paid: _____ Initials: _____

Credit Card: _____ Cash: _____ Check: _____