

September 2018 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>
Labor Day Kids Academy CLOSED	Beef Tacos, Veggie, Dessert	Chicken, Broccoli, Penne Pasta w/ Alfredo Sauce, Fresh Fruit	Chicken Nuggets, w/Rice, Veggie, Dessert	Pizza Fresh Fruit
	Bean & Rice Burrito, Veggie, Dessert	Broccoli, Penne Pasta w/ Alfredo Sauce, Fresh Fruit	Vegetarian Chicken Nuggets, Roll, Veggie, Dessert	
10 <input type="checkbox"/>	11 <input type="checkbox"/>	12 <input type="checkbox"/>	13 <input type="checkbox"/>	14 <input type="checkbox"/>
Chicken Patty On a Bun, Tator Tots, Veggie, Fresh Fruit	Lasagna with Beef, Roll, Veggie, Dessert	Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Beef Noodle Bake, Veggie, Dessert	Pizza Fresh Fruit
Veggie Patty on a Bun, Tator Tots, Veggie, Fresh Fruit	Vegetable Lasagna, Roll, Veggie, Dessert	Tofu Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Rice And Bean Burrito, Veggie, Dessert	
17 <input type="checkbox"/>	18 <input type="checkbox"/>	19 <input type="checkbox"/>	20 <input type="checkbox"/>	21 <input type="checkbox"/>
Fish Sticks, Rice, Veggie, Fresh Fruit	Cheese Tortellini with Sauce, Roll, Veggie, Dessert	Cheese Burger on a Bun, French Fries, Veggie, Fresh Fruit	Chicken Parmigian w/ Sauce, Spaghetti, Veggie, Dessert	Pizza Fresh Fruit
Black Beans & Rice, Veggie, Fresh Fruit		Boca Burger on a Bun, French Fries, Veggie, Fresh Fruit	Vegetarian Chicken Parmigian w/Spaghetti, Veggie, Dessert	
24 <input type="checkbox"/>	25 <input type="checkbox"/>	26 <input type="checkbox"/>	27 <input type="checkbox"/>	28 <input type="checkbox"/>
Yellow Rice w/ Chicken, Roll, Veggie, Fresh Fruit	Macaroni and Cheese, Roll, Veggie, Dessert	Meatballs with Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Cheese Ravioli w/ Sauce, Roll, Veggie, Dessert	Pizza Fresh Fruit
Yellow Rice W/ Black Beans, Roll, Veggie, Fresh Fruit		Boca Burger W/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Cheese Ravioli w/ Sauce, Roll, Veggie, Dessert	

HOT LUNCH SUBSTITUTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheese Pizza Pocket	Chicken Nuggets	Grilled Cheese	Chicken Nuggets	Any Sandwich
	Bean & Rice Burrito		Vegetable Egg Roll	

****Cost is \$5.00 each meal (\$4.00 for Snails, Ladybugs & Caterpillars)**

Fresh Fruit will consist of:

- Melons
- Apples
- Bananas
- Watermelon
- Oranges

Every day children may choose between **Milk** or **Water**.

Sandwiches may be substituted any day

- Turkey
- Cheese

*Please choose one by entering the letter in the box for each day :

M for Milk
W for Water

* To select the regular menu item, please circle that day.

* To select a substitute, cross out the regular menu item and write in your selection.

* Please remember to specify water or milk.

* Only water will be served on Fridays.

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Office Use :

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of Meals: _____ Amount Paid: _____

Initials: _____ Credit Card: _____

Cash: _____ Check: _____