

The Kidette

Welcome To Kids Academy Learning Center




Macy's Day Parade

Our Thanksgiving Macy's day parade will be on Wednesday, Nov 27th at 10:00am. The teachers and children are working on their outfits and banners. Please mark your calendars to come and watch our annual parade.

Holiday Fund Raiser

Our Annual fund raiser went out October 23 and is due in by November 3rd. This years' fund-raiser is called "Celebrate Giving". The brochure offers many great ideas to save you time with your shopping. Thank you for supporting Kids Academy!

Thanksgiving Feast

Please remember your child up for thanksgiving  to sign our annual Feast, which will be on Monday, Nov 24th. The cost is \$3.75. There will be turkey, mashed potatoes, cranberries, green beans, and a roll.

Happy Thanksgiving to all our families!

Book Fair

Our Fall Book Fair was a huge success! Thanks to everyone who supported our event with your purchases. We had a record number of books donated to the center and we doubled our sales from last fall. A great big thank you to Samantha Ziblut, Shanna Sarvas and Avelina Romay who at the worked the Book Fair!

Kids Academy's Holiday Hours



Kids Academy will be closed the following days for the upcoming Holidays:

Thanksgiving

Thursday, November 27th
Friday, November 28th

Christmas

Thursday, December 25th
Friday, December 26th

New Year's

Thursday, January 1st
Friday, January 2nd

kid-friendly veggies and fruits



10 tips for making healthy foods more fun for children

Encourage children to eat vegetables and fruits by making it fun. Provide healthy ingredients and let kids help with preparation, based on their age and skills. Kids may try foods they avoided in the past if they helped make them.

1 smoothie creations

Blend fat-free or low-fat yogurt or milk with fruit pieces and crushed ice. Use fresh, frozen, canned, and even overripe fruits. Try bananas, berries, peaches, and/or pineapple. If you freeze the fruit first, you can even skip the ice!



2 delicious dippers

Kids love to dip their foods. Whip up a quick dip for veggies with yogurt and seasonings such as herbs or garlic. Serve with raw vegetables like broccoli, carrots, or cauliflower. Fruit chunks go great with a yogurt and cinnamon or vanilla dip.



3 caterpillar kabobs

Assemble chunks of melon, apple, orange, and pear on skewers for a fruity kabob. For a raw veggie version, use vegetables like zucchini, cucumber, squash, sweet peppers, or tomatoes.

4 personalized pizzas

Set up a pizza-making station in the kitchen. Use whole-wheat English muffins, bagels, or pita bread as the crust. Have tomato sauce, low-fat cheese, and cut-up vegetables or fruits for toppings. Let kids choose their own favorites. Then pop the pizzas into the oven to warm.

5 fruity peanut butterfly

Start with carrot sticks or celery for the body. Attach wings made of thinly sliced apples with peanut butter and decorate with halved grapes or dried fruit.

6 frosty fruits

Frozen treats are bound to be popular in the warm months. Just put fresh fruits such as melon chunks in the freezer (rinse first). Make "popsicles" by inserting sticks into peeled bananas and freezing.

7 bugs on a log

Use celery, cucumber, or carrot sticks as the log and add peanut butter. Top with dried fruit such as raisins, cranberries, or cherries, depending on what bugs you want!

8 homemade trail mix

Skip the pre-made trail mix and make your own. Use your favorite nuts and dried fruits, such as unsalted peanuts, cashews, walnuts, or sunflower seeds mixed with dried apples, pineapple, cherries, apricots, or raisins. Add whole-grain cereals to the mix, too.



9 potato person

Decorate half a baked potato. Use sliced cherry tomatoes, peas, and low-fat cheese on the potato to make a funny face.

10 put kids in charge

Ask your child to name new veggie or fruit creations. Let them arrange raw veggies or fruits into a fun shape or design.



Sawgrass Wildlife Center

The Wildlife Center is a non-profit organization that rehabilitates injured and orphaned local native wildlife and also provides environmental education programs to the public.



All the VPK classes took a field trip and explored the center.

Kids Academy raffled off several pet buffets to families that donated items. Thanks to everyone for their donations and congratulations to our raffle winners!

A special thank you to Carolina Rodriguez and Monica Molina from Gator Turf (company that installed our beautiful soccer field) for donating our pet buffets to raffle off for our winners.

Claudia Rodriguez

Karolina Molina



November Payment

November's monthly payment is now due. After the 3rd of the month late fees are added to your account.

Lunches: December lunch menus will be due Nov. 21st.

Thanksgiving Food Drive for local families

Every year we holding an annual Thanksgiving food drive for local families in need. Between Nov 3th and Nov. 14th. We will be collecting non-perishable foods to donate. We are asking for typical Thanksgiving non-perishable foods, such as, instant mashed potatoes, canned yams, stuffing mix, gravy, canned vegetables, Canned fruit filling, etc. Please make sure any food you donate does not have an expiration date that has passed. On November 17th we will take the food to Family Central where baskets will be made up and distributed to families in our area. Thank you for your generosity.

Kids Academy's Annual Families Helping Families Gift Drive

Kids Academy will be adopting five families for the holidays and will be collecting specific items that each family has placed on a wish list. A holiday tree will be in the office decorated with hearts. Each heart will be labeled with a particular item which can be purchased at local retail stores. Return the gift to school wrapped and labeled with the child's name. This is a great time of the year to teach our children the gift of giving and caring and sharing with others.

Watch your child's folder for more information and look in the front office for our Holiday Trees!



Enrichment

Classes

The second session has begun. It is not too late to register your child, forms are available at the front office.

Sessions one day a week for 8 weeks.

Cost is \$120.00 per session

Classes being offered are:

Ballet	2½ yrs to 5 yrs
Karate	3 yrs & older
Happy Feet	2 ½ yrs & older
Cooking	4 & older
World Masters Art	4 & older
Mandarin Chinese	4 & older

VPK News

The VPK (Beatle Bugs) will not have classes during Winter Break (Dec. 22nd - Jan. 2nd). Full time and part tim camp will be available, please see the front office for a schedule and fees.

The VPK extended care will not have instructional hours during Winter Break (Dec. 22rd - Jan 2th). Camp will be available for an additional fee of \$49 per week. If your child will not be attending camp, their regular tuition will apply.

VPK will resume on Monday January 5th.



Happy Holidays!

Holiday Shows

Tuesday, Dec. 9th	4:00 pm Ladybugs 5:00 pm Dragonflies
Wednesday, Dec. 10th	11:00 am Beatle Bugs 4:00 pm Caterpillars 5:00 pm Bees
Thursday, Dec. 11th	4: 00 pm Crickets 5:00 pm Ants
Tuesday , Dec. 16th	4:00 Grasshoppers 5:00 pm Hornets
Wednesday, Dec.17th	4:00 Butterflies 5:00pm Fireflies
Thursday, Dec 18th	5:00 pm Scorpions