

LUNCH MENU FOR:

March 2018



Regular Menu Option

Vegetarian Menu Option

Fresh Fruit will consist of:

- Melons
- Apples
- Bananas
- Watermelon
- Oranges

Every day children may choose between **Milk or Water.**

Sandwiches may be substituted any day

- Turkey
- Cheese

*Please choose one by entering the letter in the box for each day :

- M for Organic Milk**
- W for Water**

* To select the regular menu item, please circle that day.

* To select a substitute, cross out the regular menu item and write in your selection.

* Please remember to specify water or milk.

* Only water will be served on Fridays.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	W 9
Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Chicken Patty on a Bun, Tater Tots, Veggie, Dessert	Beef Tacos, Shredded Lettuce, Tomato, Cheese, Fresh Fruit	Chicken Nuggets w/ Noodles, Veggie, Dessert	Pizza Fresh Fruit
Tofurkey with Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Veggie Patty on a Bun, Tater Tots, Veggie, Dessert	Veggie Taco, Fresh Fruit	Veggie Nuggets w/ Noodles, Veggie, Dessert	
12	13	14	15	W 16
Cheeseburger on a Bun, French Fries, Veggie, Fresh Fruit	Chicken Alfredo Penne Pasta with Broccoli, Dessert	Yellow Rice with Chicken, Veggie, Dessert	Turkey & Cheese Wrap Applesauce, Veggie Straws, Dessert	Pizza Fresh Fruit
Veggie Patty on a Bun, French Fries, Veggie, Fresh Fruit	Alfredo Penne Pasta with Broccoli, Dessert	Black Beans & Yellow Rice, Veggie, Dessert	Cheese Wrap, Applesauce, Veggie Straws, Dessert	
19	20	21	22	W 23
Cheese Ravioli with Sauce, Roll, Veggie, Fresh Fruit	Fish Sticks, Rice, Veggie, Dessert	Grilled Cheese, French Fries, Veggie, Fresh Fruit	Noodle Bake with Meat and Cheese, Veggie, Fresh Fruit	Pizza Fresh Fruit
	Black Beans & Rice, Veggie, Dessert		Noodle Bake with Cheese, Veggie, Fresh Fruit	
26	27	28	29	30
Meatballs w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Macaroni and Cheese, Roll, Veggie, Dessert	Chicken Parmigian, Pasta w/Sauce, Roll, Veggie, Fresh Fruit	Meat Lasagna, Veggie, Roll, Dessert	CLOSED GOOD FRIDAY
Veggie Meatballs, Mashed Potatoes, Veggie, Fresh Fruit n		Eggplant Parmigian, Pasta w/ Sauce, Roll, Veggie, Fresh Fruit	Vegetable Lasagna, Roll, Dessert	

HOT LUNCH SUBSTITUTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza Pocket	Chicken Nuggets	Grilled Cheese	Chicken Nuggets	Any Sandwich
	Bean & Rice Burrito		Vegetable Egg Roll	

** Cost is \$5.00 each meal (\$4.00 for Snails, Ladybugs & Caterpillars) *

Office Use: # of Meals: _____ Amount Paid: _____ Initials: _____

Credit Card: _____ Cash: _____ Check: _____

