

LUNCH MENU FOR:

March 2017



Regular Menu Option

Vegetarian Menu Option

Fresh Fruit will consist of:

- Melons
- Apples
- Bananas
- Watermelon
- Oranges

Every day children may choose between **Milk or Juice.**

Sandwiches may be substituted any day

- Bologna & Cheese
- Ham & Cheese
- Tuna
- Turkey
- Cheese

***Please choose one by entering the letter in the box for each day :**

M for Milk
W for Water

*** To select the regular menu item, please circle that day.**

*** To select a substitute, cross out the regular menu item and write in your selection.**

*** Please remember to specify water or milk.**

*** Only water will be served on Fridays.**

875 Coral Ridge Dr. Coral Springs, FL 33071
Phone # (954)510-kids Fax # (954)510-2329

E-mail: kids-academy@att.net

www.kids.academy.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/> Feb. 27 Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	<input type="checkbox"/> Feb. 28 Chicken Patty on a Bun, Tater Tots, Veggie, Dessert	<input type="checkbox"/> 1 Spaghetti w/ Meat sauce, Roll, Veggie, Fresh Fruit	<input type="checkbox"/> 2 Chicken Nuggets w/ Noodles, Veggie, Dessert	<input type="checkbox"/> W <input type="checkbox"/> 3 Pizza Fresh Fruit
<input type="checkbox"/> 6 Tofurkey with Gravy, Mashed Potatoes, Veggie, Fresh Fruit	<input type="checkbox"/> 7 Veggie Patty on a Bun, Tater Tots, Veggie, Dessert	<input type="checkbox"/> 8 Spaghetti w/sauce, Roll, Veggie, Fresh Fruit	<input type="checkbox"/> 9 Veggie Nuggets w/ Noodles, Veggie, Dessert	
<input type="checkbox"/> 13 Cheese Ravioli with Sauce, Roll, Veggie, Fresh Fruit	<input type="checkbox"/> 14 Fish Sticks, Rice, Veggie, Dessert Black Beans & Rice, Veggie, Dessert	<input type="checkbox"/> 15 Grilled Cheese, French Fries, Veggie, Fresh Fruit	<input type="checkbox"/> 16 Yellow Rice with Chicken, Veggie, Dessert Black Beans & Yellow Rice, Veggie, Dessert	<input type="checkbox"/> W <input type="checkbox"/> 17 Pizza Fresh Fruit
<input type="checkbox"/> 20 Chicken Parmigian, Pasta w/Sauce, Roll, Veggie, Fresh Fruit Eggplant Parmigian, Pasta w/ Sauce, Roll, Veggie, Fresh Fruit	<input type="checkbox"/> 21 Macaroni and Cheese, Roll, Veggie, Dessert	<input type="checkbox"/> 22 Meatballs w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit Veggie Meatballs, Mashed Potatoes, Veggie, Fresh Fruit	<input type="checkbox"/> 23 Beef Tacos, Shredded Lettuce, Tomato, Cheese, Dessert Veggie Taco, Dessert	
<input type="checkbox"/> 27 Chicken Taquitos, Yellow Rice, Veggie, Fresh Fruit	<input type="checkbox"/> 28 Chicken Alfredo Penne Pasta with Broccoli, Dessert Alfredo Penne Pasta with Broccoli, Dessert	<input type="checkbox"/> 29 Turkey & Cheese Wrap Applesauce, Veggie Straws, Fresh Fruit Cheese Wrap, Applesauce, Veggie Straws, Fresh Fruit	<input type="checkbox"/> 30 Meat Lasagna, Veggie, Roll, Dessert Vegetable Lasagna, Roll, Dessert	<input type="checkbox"/> W <input type="checkbox"/> 31 Pizza Fresh Fruit

HOT LUNCH SUBSTITUTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/> Cheese Pizza Pocket	<input type="checkbox"/> Chicken Tender Bean & Rice Burrito	<input type="checkbox"/> Grilled Cheese	<input type="checkbox"/> Chicken Nuggets Vegetable Egg Roll	<input type="checkbox"/> Any Sandwich

** Cost is \$4.25 each meal (\$3.25 for Snails, Ladybugs & Caterpillars) *

Office Use: # of Meals: _____ Amount Paid: _____ Initials: _____ Credit Card: _____ Cash: _____ Check: _____

