

LUNCH MENU AUGUST 2016

Regular Menu

Vegetarian Menu



Fresh Fruit will consist of:

- Melons
- Apples
- Bananas
- Watermelon
- Oranges

Every day children may choose between **Milk** or **Water**.

Sandwiches may be substituted any day

- Bologna & Cheese
- Ham & Cheese
- Tuna
- Turkey
- Cheese

*Please choose one by entering the letter in the box for each day :

M for Milk
W for Water

* To select the regular menu item or the vegetarian menu item, please circle that day.

* To select a substitute, cross out the regular menu item and write in your selection.

* Please remember to specify juice or water.

* Only juice will be served on Friday's.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
Hamburger on a Bun, French Fries, Veggie, Fresh Fruit	Beef Tacos, Veggie, Dessert	Turkey with Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Cheese Ravioli w/ Sauce, Roll, Veggie, Dessert	Pizza Fresh Fruit
Veggie Patty on a Bun, French Fries, Veggie, Fresh Fruit		Tofu Turkey w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Cheese Ravioli w/ Sauce, Roll, Veggie, Dessert	
8 <input type="checkbox"/>	9 <input type="checkbox"/>	10 <input type="checkbox"/>	11 <input type="checkbox"/>	12 <input type="checkbox"/>
Meatballs w/ Gravy, Mashed Potatoes, Veggie, Fresh Fruit	Baked Ziti w/ Sauce, Roll, Veggie, Dessert	Chicken Patty on a Bun, Tater Tots, Veggie, Fresh Fruit	Macaroni and Cheese, Roll, Veggie, Dessert	Pizza Fresh Fruit
Meatless Meatballs, Mashed Potatoes, Veggie, Fresh Fruit		Vegetarian Patty on a Bun, Tater Tots, Veggie, Fresh Fruit		
15 <input type="checkbox"/>	16 <input type="checkbox"/>	17 <input type="checkbox"/>	18 <input type="checkbox"/>	19 <input type="checkbox"/>
Yellow Rice w/ Chicken, Roll, Veggie, Dessert	Lasagna w/ Meat, Roll, Veggie, Fresh Fruit	Turkey & Cheese Sandwich, Veggie Chips, Fresh Fruit	Pizza Fresh Fruit	CLOSED
Yellow Rice w/ Black Beans, Roll, Veggie, Dessert		Vegetable Lasagna, Roll, Veggie, Fresh Fruit		
22 <input type="checkbox"/>	23 <input type="checkbox"/>	24 <input type="checkbox"/>	25 <input type="checkbox"/>	26 <input type="checkbox"/>
Back To School	Chicken Nuggets, Noodles, Veggie, Dessert	Beef Noodle Bake, Veggie, Fresh Fruit	Chicken Parmigian w/ Sauce, Spaghetti, Veggie, Dessert	Pizza Fresh Fruit
Fish Sticks, Rice, Veggie, Fresh Fruit				
Black Beans & Rice, Veggie, Fresh Fruit	Veggie Nuggets, Noodles, Veggie, Dessert	Rice And Bean Burrito, Veggie, Fresh Fruit	Eggplant Parmigian w/ Sauce, Spaghetti, Veggie, Dessert	

HOT LUNCH SUBSTITUTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheese Pizza Pocket	Chicken Tender	Grilled Cheese	Chicken Nuggets	Any Sandwich
	Bean & Rice Burrito		Vegetable Egg Roll	

Cost is \$4.25 each meal (\$3.25 for Snails, Ladybugs & Caterpillars)

Office Use:

of Meals: _____ Amount Paid: _____ Initials: _____

Credit Card: _____ Cash: _____ Check: _____

